

REGULATION TEAM

1. A regulation team shall consist of ten players. A minimum of 8 players is needed to start - four players of each gender.
2. Teams must alternate positions in the batting order male, female, male, female, etc. If playing more males than females, batting order must continually rotate (meaning ladies order will continue with first lady batting after ninth male, etc) Let the umpire know if necessary.
3. Males and females must alternate defensively on the infield and outfield.
4. A catcher is not needed if you have less than 10 players.
5. Athletic shoes are necessary. No metal spikes or steel-toed shoes allowed. Plastic cleats are allowed (softball type shoes).

PLAYING RULES

1. Length of game shall be 7 innings. A new inning will not be started after 45 minutes of playing time unless the score is tied. In the case of a tie, one additional inning will be played. The last out from the previous inning will start on 2B. If the score is still tied, it will be listed as a tie.
2. There is a 10-run rule after 5 innings of play.
3. A 10-inch playground ball will be the official ball used.
4. Outs:
 1. A count of three outs completes the teams half of the inning
 2. An out counts for two fouls, a runner touched by the ball at any time while not on base, any kicked fly ball that is caught, a ball tag on a base to which a runner is forced to run, a runner off his/her base when the ball is kicked.
5. A runner is out when he/she is hit by a thrown ball, below the shoulders, while attempting to advance. A runner hit above the shoulders is safe and advances one base unless the runner ducks to take the hit above the shoulders (umpires discretion).
6. No bunting allowed. A bunt will be considered a foul. Ball must pass pitching plate (umpires discretion).
7. No leading off or stealing bases. A runner leaving early will be called out.
8. Each team will pitch to their own kickers and the defensive team will have someone playing the pitching position starting within the pitcher's circle. The pitcher's circle is the area within 2 feet of the pitcher's mound. The defensive pitcher cannot leave the mound until the ball is kicked.

9. The ball is put into play when the pitcher rolls the ball towards the plate. The kicker must contact the ball from behind home plate. If they make contact in front of home plate, it will be considered a foul ball.
10. After a kicked ball is caught, runners must tag their originating base before running to the next base.
11. Outfielders must stay behind the outfield line (grass), until the ball is kicked.
12. No infield fly rule.
13. An obvious drop of a fly ball will be called an out (umpire's discretion).
14. When a female is kicking, the outfielders cannot come into the infield at any time. If they do come into the infield and make a play on a ball kicked by a female, the play is dead and each runner will advance one base.

If necessary - FVA will continue to adapt the rules based on player input.

Have fun - Relax - Please understand that umpires are human and mistakes could happen.